CLUB 24 | CARDIO CINEMA

NOVEMBER 2026

BLOCKBUSTERS • CLASSICS • NON-STOP MOTIVATION

Fall favorites, football, big-screen action and Thanksgiving laughs! Jump in anytime for a great movie while you work out. New screenings every Monday, Wednesday and Friday.

DATE	MOVIE + QUICK HYPE
MON NOV 2	**Godzilla x Kong: The New Empire (2024)** — Epic monster battles and larger-than-life action!
WED NOV 4	**When Harry Met Sally (1989)** — Billy Crystal and Meg Ryan, with romance and autumn in New York.
FRI NOV 6	**Now You See Me: Now You Don't (2025)** — Dazzling magic, clever heists and nonstop surprises!
MON NOV 9	**Morning Glory (2010)** — Rachel McAdams and Harrison Ford bring laughs to morning TV.
WED NOV 11	**The Program (1993)** — College football, fierce competition and the drive to win!
FRI NOV 13	**Instant Family (2018)** — Mark Wahlberg and Rose Byrne deliver laughs and heart.
MON NOV 16	**The Italian Job (2003)** — Fast cars, clever criminals and an unforgettable heist!
WED NOV 18	**Serendipity (2001)** — A charming New York romance with a little holiday magic.
FRI NOV 20	**Home for the Holidays (1995)** — Hilarious family chaos just in time for Thanksgiving!
MON NOV 23	**Planes, Trains and Automobiles (1987)** — Thanksgiving Week Special — Steve Martin and John Candy!
WED NOV 25	**Planes, Trains and Automobiles (1987)** — Thanksgiving Week Encore — catch the holiday classic!
FRI NOV 27	**Planes, Trains and Automobiles (1987)** — Thanksgiving Weekend Encore — one more chance to enjoy!
MON NOV 30	**Trading Places (1983)** — Eddie Murphy and Dan Aykroyd lead us into Christmas!

THANKSGIVING WEEK TRIPLE FEATURE

Why the repeat? We're showing Planes, Trains and Automobiles on Monday, Wednesday AND Friday so members who work out on different days can all catch this Thanksgiving favorite!

Real Gyms. Real Goals. Real Results.

Schedule subject to change. See club or website for updates.