

# Club 24 Cardio Cinema - June 2026

**Blockbusters • Classics • Non-Stop Motivation**

Fresh movies hit the Cardio Cinema every Monday, Wednesday, and Friday. Jump in anytime, lock into the screen, and turn your workout into movie-powered momentum.

Date	Movie + Quick Hype
Mon, Jun 1	<b>Jack Ryan: Ghost War (2026)</b> - A fresh spy-action launch with covert missions, big stakes, and the kind of steady momentum that makes miles disappear.
Wed, Jun 3	<b>School of Rock (2003)</b> - Loud, funny, and packed with feel-good music energy - an instant crowd-pleaser that is easy to jump into anytime.
Fri, Jun 5	<b>Goodfellas (1990)</b> - A legendary crime classic with huge star power, sharp scenes, and nonstop story pull from the opening minutes.
Mon, Jun 8	<b>Mercy (2026)</b> - A new sci-fi crime thriller built around urgency, pressure, and a race-against-the-clock pace.
Wed, Jun 10	<b>Beverly Hills Cop II (1987)</b> - Eddie Murphy brings fast comedy, action attitude, and classic 80s energy for a fun midweek ride.
Fri, Jun 12	<b>Long Shot (2019)</b> - Seth Rogen and Charlize Theron deliver smart laughs, big personality, and breezy comedy momentum.
Mon, Jun 15	<b>Ali (2001)</b> - Boxing power, training grit, and Will Smith star presence make this a strong, inspiring cardio session.
Wed, Jun 17	<b>The Firm (1993)</b> - Tom Cruise leads a tense legal thriller with polished suspense, quick turns, and classic movie-night appeal.
Fri, Jun 19	<b>Playdate (2025)</b> - Kevin James and Alan Ritchson turn an ordinary afternoon into action-comedy chaos with fast, easy-to-watch energy.
Mon, Jun 22	<b>Despicable Me 4 (2024)</b> - Bright, fast, and packed with Minions mayhem - a blockbuster family pick that keeps cardio light and fun.
Wed, Jun 24	<b>A Working Man (2025)</b> - Jason Statham brings hard-hitting action, revenge momentum, and a tough, no-nonsense workout vibe.
Fri, Jun 26	<b>Venom (2018)</b> - Comic-book chaos, dark humor, and big action beats make this a high-energy Friday finish.

**Real Gyms. Real Goals. Real Results.**