

CLUB:24

CONCEPT GYMS

GROUP X TIME

MONDAY ZUMBA 9AM REDLINE NOON SHRED 30 12:30PM SCULPT/CHISEL 5PM REDLINE 5:30PM ZUMBA 6PM YOGA 7PM	TUESDAY YOGA 5PM REDLINE 6PM SCULPT/CHISEL 6:30PM ZUMBA 7PM	WEDNESDAY YOGA 9AM ZUMBA NOON SHRED 30 430PM REDLINE 5PM ZUMBA 530PM	THURSDAY ZUMBA 6AM SCULPT/CHISEL 430PM REDLINE 5PM YOGA 530PM ZUMBA 630PM
	SATURDAY SCULPT/CHISEL 8AM REDLINE 830AM ZUMBA 9AM YOGA 10AM REDLINE 11AM SHRED 30 1130AM	SUNDAY ZUMBA 8AM YOGA 9AM	