

HOLIDAY HITS COUNTDOWN

Dec 3–26 • Festive Favorites to Power Your Cardio

Club 24 Cardio Cinema – December 2025

Blockbusters • Classics • Non-Stop Motivation

Jump into our Holiday Hits Countdown: fast, familiar movies that make cardio fly. Drop in any Mon/Wed/Fri—Christmas spirit guaranteed.

Date	Movie + Quick Hype
Mon, Dec 1	American Made (2017) — Fast, fun Tom Cruise caper that never lets up.
Wed, Dec 3	Wicked (2024) — Big musical spectacle—instant holiday hype. HOLIDAY COUNTDOWN
Fri, Dec 5	Ocean's Thirteen (2007) — Sleek, quick heist rhythm for easy miles.
Mon, Dec 8	Argo (2012) — Taut, award-winning thriller with steady, gripping pace.
Wed, Dec 10	Playdate (2025) — New-school action ride—clean, punchy set pieces.
Fri, Dec 12	Red One (2024) — Holiday action-comedy with star power and momentum. HOLIDAY COUNTDOWN
Mon, Dec 15	Candy Cane Lane (2023) — Festive comedy energy—light, fast, and fun. HOLIDAY COUNTDOWN
Wed, Dec 17	The Grinch (2000) — Holiday favorite with brisk, goofy momentum. HOLIDAY COUNTDOWN
Fri, Dec 19	Die Hard (1988) — Iconic December action—pure adrenaline. HOLIDAY COUNTDOWN
Mon, Dec 22	Scrooged (1988) — Bill Murray's kinetic Christmas classic. HOLIDAY COUNTDOWN
Wed, Dec 24	It's a Wonderful Life (1946) — Timeless Christmas Eve classic. HOLIDAY COUNTDOWN
Fri, Dec 26	It's a Wonderful Life (1946) — Encore screening for holiday week. HOLIDAY COUNTDOWN
Mon, Dec 29	Spider-Man: Homecoming (2017) — High-energy MCU swing—perfect treadmill pace. NEW YEAR'S WEEK
Wed, Dec 31	Saving Private Ryan (1998) — Riveting, high-intensity sequences to close the year. NEW YEAR'S WEEK